

The book was found

2016 Recipes For Healthy & Whole Living Desktop Calendar



Synopsis

Enjoy simple, seasonal, and nourishing whole food recipes from A Couple Cooks. Each recipe is focused on getting flavor-packed and healthy ingredients on your table. The collection represents a variety of diets including vegetarian, vegan, and gluten-free, and recipes can be easily adapted to fit your particular lifestyle. You're sure to enjoy these delicious daily inspirations! All calendar pages are printed on FSC certified paper with environmentally safe inks.

Book Information

Calendar: 365 pages

Publisher: Time Factory; Box Pag edition (August 16, 2015)

Language: English

ISBN-10: 1624382460

ISBN-13: 978-1624382468

Product Dimensions: 5.4 x 5.5 x 1.6 inches

Shipping Weight: 1.1 pounds

Average Customer Review: 3.6 out of 5 stars [See all reviews](#) (13 customer reviews)

Best Sellers Rank: #521,699 in Books (See Top 100 in Books) #31 in [Books > Calendars >](#)

[Cooking](#) #41 in [Books > Calendars > Diet & Health](#) #4979 in [Office Products > Office Supplies > Calendars, Planners & Personal Organizers](#)

Customer Reviews

I was so excited when I saw that A Couple Cooks produced a daily calendar for 2016. Having 365 of their healthy and scrumptious recipes in a calendar is fantastic! As always, their photographs are beautiful, and the recipes are easy to follow. Our plan is to try out these recipes and keep the calendar, long after 2016.... I highly recommend you try these recipes - you will not be disappointed.

Really excited to get this calendar. Wish it wasn't broken when I got it. But it was a gift and came just in time. So I glued it back and gave it to the person anyway. She still thinks it's really neat. Guess we will be trying some new meals next year.

I got this because I had TF publishing's recipe calendar last year. Not every recipe was a knock-out, but I got a lot of cool ideas. I'm also on Weightwatchers, so I wanted a similar calendar with more healthy recipes. I think this A Couple Cooks calendar is very creative, but I would call it more "wholesome" or "clean-eating" than healthy. For example, honey and dates are common sugar

substitutes for dessert recipes, but ultimately the point/caloric values are still high. On the other side, I got recipes for salads, sandwiches, and dressed crackers, so light but not really interesting. Obviously I'm only in March, so there are hopefully many great recipes ahead, but I haven't been inclined to make one yet, and I made quite a few from last year's. I will say this calendar is gorgeous. Big color photos definitely draw the eye better than the plain text from 2015. This calendar also gives food tips on the weekends, which I find less useful than additional recipes. All in all, it's not exactly what I wanted, but it gives me a whole bunch of new recipes to think about. If I try one soon and it's awesome, I'll revise this, too.

The recipes in this calendar are very basic. As someone who's an adventurous cook, always looking for something new, interesting and flavorful, this calendar lacks ambition. As I'm writing this, today's recipe is Roasted Cauliflower. Can you guess how to roast cauliflower without looking at a recipe? I sure can. Does this recipe give me any new ideas? Um. Add garlic and lemon juice instead of the usual oil, salt and pepper. Thanks guys. I already do that to my asparagus. I purchased this wanting it to give me new ideas each day, to shake up our dinner routine. I've ended up throwing 75% of them away, keeping the most innovative, like Frozen Mint Chocolate Tarts made with coconut milk and Medjool dates. Sounds awesome! If only the other 75% were just as awesome. I gave it two stars for the 25% I keep. Maybe I need to come out with a Daily Dinner Calendar, since it seems no one else has. Hey "Food Fest 365", why don't YOU have a desk calendar yet? I love your book, could use a daily reminder of your awesomeness... Just Sayin'.

Wish there had been something in the description about the fact that this was a more vegetarian/meatless style of cooking. The recipes seem nice, but don't think I will make many of them as this is not the style of cooking my family enjoys. But then again, Meatless Mondays may be happening more frequently around here!

Used to get the Cooking Light desk calendar annually, couldn't find it this year so gave this a try. The recipes are funky, but overall not very interesting. Have maybe tried one or two of them the whole year. Will pass on this for 2017 and look at other options.

Boxed calendars related to cooking are harder to find. Like the page a day format. Gave it as a gift.

[Download to continue reading...](#)

2016 Recipes for Healthy & Whole Living Desktop Calendar 30 Day Whole Food Challenge:

Complete 30 Day Whole Food Diet Meal Plan WITH PICTURES; Whole Foods Cookbook - Approved Whole Foods Recipes for Clean Eating and Rapid Weight Loss Whole Foods: Plant-Based Whole Foods For Beginners: 30 Simple and Tasty Recipes for Exciting Meals and Healthy Weight Loss Smoothies For Kids: 80+ Recipes, Whole Foods Diet, Heart Healthy Diet, Natural Foods, Blender Recipes, Detox Cleanse Juice, Smoothies for Weight ... loss - detox smoothie recipes) (Volume 40) Unix Desktop Guide to the Korn Shell (Unix Desktop Guides) Frugal Living: 55 Tips to Save Money! Enjoy Living on a Budget, Become Debt Free, and Have Complete Financial Independence (Frugal Living Books, frugal living for dummies, frugal living made simple) Wildlife Calendar - Tiger Calendar - Lion Calendar - Elephant Calendar - Monkey Calendar - Calendars 2016 - 2017 Wall Calendars - Animal Calendar - African Wildlife 16 Month Wall Calendar by Avonside Slow Cooker, Crock-Pot, Dutch Oven Recipes: Low Calorie, Tasty & Healthy Whole Foods Recipes #SAYGODDBYETODIET The Juice Habit Made Easy: with tips, tricks & healthy fruit & vegetable recipes (The Personal Detox Coach's Simple Guide To Healthy Living Series) (Volume 1) Cooking Healthy with a Food Processor: A Healthy Exchanges Cookbook (Healthy Exchanges Cookbooks) The Whole Life Nutrition Cookbook: Over 300 Delicious Whole Foods Recipes, Including Gluten-Free, Dairy-Free, Soy-Free, and Egg-Free Dishes King Arthur Flour Whole Grain Baking: Delicious Recipes Using Nutritious Whole Grains (King Arthur Flour Cookbooks) The Plantpower Way: Whole Food Plant-Based Recipes and Guidance for The Whole Family Whole: 100 Whole Food Recipes for Health and Weight Loss The Whole Life Nutrition Cookbook: Whole Foods Recipes for Personal and Planetary Health, Second Edition Brown Bag Lunches for Kids: Healthy and High-Nutrition Lunch Recipes for Kids' School Lunches (Healthy Meals & Lunch Recipes) The Healthy Hound Cookbook: Over 125 Easy Recipes for Healthy, Homemade Dog Food--Including Grain-Free, Paleo, and Raw Recipes! Delicious Holiday Treats: A Collection of Healthy Holiday Recipes (Dessert Recipes, Holiday, Seasonal, Desserts, Thanksgiving Recipes, Christmas Recipes) (Volume 1) Rice Cooker Recipes: 50+ Rice Cooker Recipes - Quick & Easy for a Healthy Way of Life (Slow cooker recipes - rice cooker - recipes) The Best Slow Cooker Recipes & Meals Cookbook: Over 100 Healthy Slow Cooker Recipes, Vegetarian Slow Cooker Recipes, Slow Cooker Chicken, Pot Roast ... Recipes, Slow Cooker Desserts and more!

[Dmca](#)